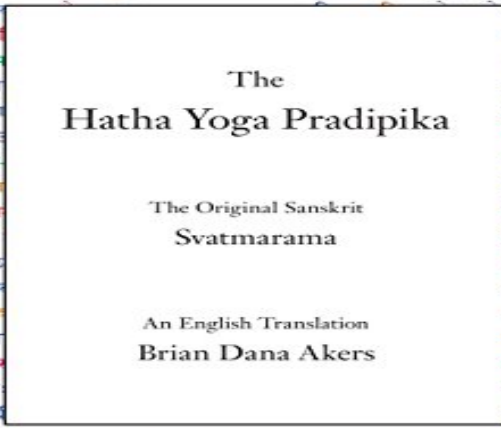


Hatha yoga pradipika : text with English translation

म् इच्छोः अधिरोगिणी इव ॥ प्रणम्य श्री-गुरुम् नाथम् स्वात्माराधेण योगिना । केवलम् राज-यो
गामः कृपाकरः ॥ हट-विद्याम् हि मन्येन्दु-गोरक्ष-आद्याः विजानते । स्वात्माराधः अथवा योगी
न-योगम् आरोग्यम् इच्छोः अधिरोगिणी इव ॥ प्रणम्य श्री-गुरुम् नाथम् स्वात्माराधेण योगिना ।
र धत्ते स्वात्माराधः कृपाकरः ॥ हट-विद्याम् हि मन्येन्दु-गोरक्ष-आद्याः विजानते । स्वात्माराधः
जने प्रोन्नत-राज-योगम् आरोग्यम् इच्छोः अधिरोगिणी इव ॥ प्रणम्य श्री-गुरुम् नाथम् स्वात्मारा
म् । हट-प्रदीपिका
5-योग-विद्या ।
गम् अजानन्ताम्
उपदिष्टा हट-यो
वान्ते राज-योग
स्तु तस्मै येन उ
धान्या बहु-मत-
आदि-नाथाय न
विद्या उपदिष्टा
प्रसादतः ॥ श्री
राज-योगाय हट
योगी जानीते न
योगिना । के
जानते । स्वात्मा
ः-गुरुम् नाथम्
दु-गोरक्ष-आद्या
इव ॥ प्रणम्य श्री
द्याम् हि मन्येन्दु-गोरक्ष-आद्याः विजानते । स्वात्माराधः अथवा योगी जानीते नत् प्रसादतः ॥
इच्छोः अधिरोगिणी इव ॥ प्रणम्य श्री-गुरुम् नाथम् स्वात्माराधेण योगिना । केवलम् राज-योगा
ः कृपाकरः ॥ हट-विद्याम् हि मन्येन्दु-गोरक्ष-आद्याः विजानते । स्वात्माराधः अथवा योगी जा
न-योगम् आरोग्यम् इच्छोः अधिरोगिणी इव ॥ प्रणम्य श्री-गुरुम् नाथम् स्वात्माराधेण योगिना ।
र धत्ते स्वात्माराधः कृपाकरः ॥ हट-विद्याम् हि मन्येन्दु-गोरक्ष-आद्याः विजानते । स्वात्माराधः
जने प्रोन्नत-राज-योगम् आरोग्यम् इच्छोः अधिरोगिणी इव ॥ प्रणम्य श्री-गुरुम् नाथम् स्वात्मारा
म् । हट-प्रदीपिकाम् धत्ते स्वात्माराधः कृपाकरः ॥ हट-विद्याम् हि मन्येन्दु-गोरक्ष-आद्याः विज
5-योग-विद्या । विभाजते प्रोन्नत-राज-योगम् आरोग्यम् इच्छोः अधिरोगिणी इव ॥ प्रणम्य श्री-गुरु



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