



The Marijuana Diet

Soda vs Marijuana

		
Active Ingredient	Sugar/High fructose corn syrup, caffeine	THC
Health Risks Associated	Obesity, slower immune system, dissolving bone and teeth, leading cause of childhood diabetes and obesity	Short term impairment, long term effects have been debated but never proven, no fatal health risks
Addictive	High fructose corn syrup and caffeine are extremely addictive chemicals	No addictive chemicals, though psychological addiction is possible
Carcinogens	Coloring, flavor additives, artificial sweeteners	None
Medical use	Doctors recommend zero soda consumption	Used to treat cancer patients, glaucoma, AIDS patients, etc.
Availability	Sold in public schools	Illegal (Also sold in public schools)

Source: <http://imgur.com/VCRNt>

A recent study out of the University of Nebraska, the Harvard School of Public Health and Beth Israel Deaconess Medical Center shows that pot. Forget grapefruit or feeding tubes. Here's a ridiculous diet you may be following without even knowing it: The Marijuana Diet. (We won't tell.) However, there are ways to make use of a marijuana diet to successfully achieve weight loss. In this article, we will explore the different ways. 12 Jul - 1 min - Uploaded by The Weight Loss Champion When you think about marijuana probably think of the munchies. But scientists have proven. 2 Mar - 26 sec - Uploaded by J. Kareli Your browser does not currently recognize any of the video formats available. Click here to. Can Smoking Weed Actually Help You Lose Weight? Research shows that smoking marijuana actually does affect the mechanisms that trigger hunger in our . the military diet won't help you lose 10 pounds in a week. While many people associate marijuana smoking with increased appetite, New York-based author Art Glass claims it can actually help you lose. The term "marijuana diet" may sound like an oxymoron but recent studies indicate marijuana may assist with weight loss. It's SHOCKING but there is a strong connection between Marijuana and Weight What parts of the weed diet are you willing to include in your. So why is the stereotypical stoner so skinny? While it won't replace a healthy diet and exercise, heavy cannabis use may play a role in getting a smaller waist. What say scientists about marijuana diet and how it helps to lose your weight as well as how to choose the right marijuana strains for better. Did you know that different strains can have the opposite effect of munchies? For all the diet-crazed people out there, why not try the marijuana. However, a recent book titled The Marijuana Diet suggests otherwise, and there is scientific evidence to back up the author's claim that. This is a true diet, exercise and nutrition book. The twist is that you also incorporate marijuana into your plans. One of the key characteristics of consuming marijuana is the increased desire to eat, commonly referred to as the munchies. But what if there.

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